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Impact of Microfinance on Economic and Social Spending Patterns of User Groups- Evidence from Western Hill, Nepal SUDARSHAN SILWAL®

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ABSTRACT

Microfinance refers to financial services such as loans, saving, insurance and other basis banking products. These services are typically offered by MFIs, aiming to empower and support low income and underserved communities who are often excluded from formal banking sector due to the factors like poverty, lack of collateral and limited credit history. This paper delves into the impact of microfinance services on user groups in the Western Hills of Nepal. This research work follows mixed methods approach. Thematic analysis and statistical software have been applied for the analysis of data obtained from the field study. The majority of microfinance users in the study are found female, married, engaged in agriculture, having primary education and using this service for several years mainly for expanding business. As per the answer of the respondents, MFIs cater to the poor and fulfill their needs, improvement in household income, and access to education, healthcare and women participation in economic actives. The study revealed that there is significant increase in monthly income, saving and bank balance, spending on education and small business after the involvement in microfinance service. Consumption and health spending found decreasing, and festival spending remained relatively unchanged after the involvement. High interest rate and loan repayment system found challenging in the study area. This study suggests that there is need to address these challenges to enhance its effectiveness further and ensure financial stability for the microfinance user groups of the study area.

1. INTRODUCTION

A variety of financial products and services are referred to as "microfinance services" and are provided by microfinance institutions (MFIs) to people and small enterprises that are frequently left out of traditional banking systems. These services are designed to provide finance access to

low-income individuals and communities, and underserved people or marginalized groups including women, disabled individuals, Dalits, and other disadvantaged communities in both rural and urban areas, mainly in developing countries. Microfinance offerings typically include micro loans, savings account, and insurance

and sometimes even financial education. This idea came about as a result of the introduction of financial tools that made it possible for people from low-income backgrounds to interact with a banking intermediary and the recognition that micro-entrepreneurs and financially marginalized people are viable candidates for loan repayment and savings (Murray & 2002). The primary goal microfinance is to empower individuals and communities by providing them the tools to manage their finances, invest in incomegenerating activities and improve their overall economic well-being. Microfinance has gained popularity because of its potential to reduce poverty, encourage entrepreneurship, and create financial inclusion among individuals without access to formal banking services.

Microfinance services in Nepal reflects a robust and widespread network that plays a pivotal role in promoting financial inclusion and empowerment. With a remarkable coverage spanning all 77 districts, microfinance institutions (MFIs) are making significant strides in bringing financial services to even the most remote areas of the country (Nepal Rastra Bank-NRB, 2023). Microfinance services play significant role in empowering women economically and socially. Overall, the existing microfinance landscape in Nepal is a testament to its role in fostering financial resilience and driving inclusive development throughout the nation.

In Nepal, there are 63 Micro Finance Institutions (MFIs) various across dimensions. It encompasses crucial parameters including the area coverage, districts served, staff count, branch and service center statistics, as well as group and member counts. In terms of area coverage and district presence, all 77 districts in Nepal are encompassed by the MFIs under consideration, with varying degrees of penetration. In terms of human resources, a total of 23,046 staff members contribute to the operations of these MFIs, distributed across diverse institutions. There is widespread outreach of microfinance services through a network of 5,093 branches and 44,127 service centers, enabling access to financial services across country. Impressively, the collectively cater to an extensive client base, with 1,390,539 groups and 5,999,313 members benefiting from these services. sianificant This service has participation. Notably, out of the total borrowers, comprising 3,161,616 individuals, females constitute a substantial majority, showcasing the pivotal role of microfinance in empowering women (Quarterly Report of NRB, April, 2023). The type of interactive insights unveils the substantial impact of microfinance services in Nepal, promoting financial inclusion and socio-economic development. This study is mainly focused on socio-economic spending patterns of microfinance user groups in Western hills of Nepal.

1.1 REVIEW OF LITERATURE

encompasses the Microfinance provision of financial and non-financial services to individuals with limited income, aiming to support their income-generating activities. These services primarily consist of small loans and savings accounts for impoverished clients. As outlined by Murray and Boros (2002), MFIs include provision of small loans and savings, offering short-term loans, payment schedules with frequent instalments, encompassing both principal and interest, interest rates higher than commercial banks but lower than loanshark rates, streamlined client entry simplifying access processes and microfinance services, recognition of timely repayments through eligibility for larger repeat loans and no collateral requirements as its features.

As per the directives of NRB (2016), supplying credit as stipulated, providing microcredit with or without collateral for operations. micro-enterprise obtaining loans or grants from licensed institutions or organizations, evaluating and approving micro-credit schemes, engaging in microenterprises to enhance the economic condition of low-income individuals, offering symposia, training, and technical assistance micro-enterprise for

development, facilitating group mobilization for micro-credit, accepting deposits with or without interest within Rastra Bank limits are the major function of microfinance. For the operation of such functions and to empower economically disadvantaged individuals and communicates, microfinance has evolved various models. These models utilize innovative approaches to provide financial services and promote socio-economic development.

As conceptualized by Nobel Laureate Muhammad Yunus (1970s), Grameen Joint Liability Group Model of microfinance is regarded as a highly effective microfinance model, particularly in Southeast Asia. This model focuses on economically disadvantaged groups of society lacking access to formal banking systems, aiming to improve their socioeconomic conditions. According to this model, a banking unit is established with field managers, assistants, and personnel covering a cluster of villages identifying potential clients, forming joint liability groups, and gradually disbursing loans based on successful repayments. Notably, Grameen model's loan provision methodology commences with two members, progressively expanding to others within the group. This phased approach leverages peer pressure as collateral, fostering a sense of collective responsibility and minimizing loan defaults (Panda, 2009). Similarly, Self-help Group Model, Village Banking Model, Community Banking Model, Rotating Saving and Credit Associations, Cooperative Model and Small Farmers Co-operatives Ltd are also the famous models of microfinance. But in Nepal, various microfinance institutions including Chartare Youth Club Laghubitta Bittiya Sanstha (CYCL), Dhaulagiri Laghubitta Bittiya Sanstha (DLBS) and National Educational & Social Development Organization Samridhi Laghubitta Bittiya Sanstha (NESDO) which are originated from NGOs based microfinance institutions and others Kalika, Ganapati and Infinity taken as a sample for the study, have adopted the Grameen model within their microfinance operations in Nepal. This paper is mainly based on how is the socio-economic impacts of microfinance services to its user groups in Western hills of Gandaki province, Nepal.

Microfinance is widely recognized as а crucial tool for the economic empowerment of the poor (Arova, 2013). Microfinance products (saving and credit), supports and facilities (education, training and cultural norms) influence women's decision-making power and control over resources. Karki et al. (2021) highlighted the positive effects of microfinance including increased income, improved access to healthcare and education and the potential for poverty alleviation. It is also recognized as a tool to help poor people escape poverty through access to credit, savings, insurance, and fund transfers. Governments, NGOs, and donors support microfinance as a strategy to eradicate poverty, contributing to economic growth and development (Sharma, 2014). It facilitated income generation for better food, access to healthcare, and education for their children, thus yielding a positive overall impact (Adhikari & Shrestha, 2013). It complements basic infrastructure to effectively alleviate poverty (Appah et al., 2012). Similarly, productive loans from microfinance institutions positively affect multidimensional welfare indicators (Imai, & Annim, 2010). Microfinance supports the entrepreneurial aspirations of the poor, positively influencing business development and standard of living (Alemu, 2006).

Yunus (2003)compared individuals to bonsai trees, suggesting that limited opportunities and resources hinder their growth. The poor possess untapped and that poverty arises skills institutional and policy constraints. Microfinance enabls individuals to break free from poverty's grip and promoting selfreliance (Yunus, 2004). Asemelash (2003) demonstrated the positive impact of microfinance on client lives in Ethiopia, showing improvements in income, asset accumulation, and access to education and healthcare. Microfinance services enhances the quality of life, self-confidence, and income diversification of clients worldwide (Robinson, 2001). Similarly, Khandker (1998) highlighted the importance of microfinance in generating self-employment opportunities for the poor, especially women, and promoting economic growth.

Microfinance aided impoverished clients, particularly women and indigenous groups, by increasing income levels and skill utilization (Neupane, 2014). It facilitated economic development. consumption patterns, and created employment opportunities through loans for various investments. Self-employed individuals with microfinance loans earned better incomes than those with external income sources (Khan, 2014). Similarly, Kunwar (2012) concluded that microfinance aids poverty reduction through efficient investments and financial intermediaries. Thus, microfinance plays a significant role in reducing poverty, unemployment, inequality, contributing to self-employment and improved living standards of its user groups.

The research explored ways to enhance health, education, legal rights, sanitation, and living standards for the impoverished. Microfinance programs also enhanced women's security, confidence, and status within households. similar study advocated microfinance can diminish income and human poverty, primarily by empowering women (Bashyal, 2005). The study in Khushali Bank Clients in Pakistan showed a positive impact of microfinance programs on health and increased inputs for microenterprises. It emerged as a powerful tool for poverty reduction and informal credit replacement, particularly benefiting microin developed enterprises countries (Coleman, 1999). Thus, the collective findings from the review affirm that microfinance serves as a vital tool for fosterina self-reliance. employment generation, income increment, business expansion, empowerment, and improved quality of life for marginalized populations.

1.2 RESEARCH QUESTION

Microfinance services supply to a diverse range of user groups, primarily focusing on low-income individuals. marginalized communities, and small entrepreneurs who lack access to traditional banking services. This service poor. group-based focuses the on approaches, repayment structures, interest rates, operational simplicity, and economic activity choices. Numerous studies have examined the positive social and economic impacts of microfinance on poverty reduction and overall living standards. However, there is a current research gap in understanding the impacts of microfinance services on its user groups in the study area. Although it is defined as a provider of financial services to low-income, poor, and very poor self-employed individuals (Otero, 1999). In this regard, this study is conducted in Western hills of Nepal mainly focusing on how is the impact microfinance on economic and social spending patterns of user groups before and after involvement in the program?

2. METHODS AND MATERIALS

This research work follows a mixedmethods approach to comprehensively assess how micro-finance services impact the socio-economics well-being of user Western hills of in Nepal. Quantitative methods is employed while conducting surveys among a representative sample of micro-finance clients, utilizing stratified and random sampling techniques which captures the data on income levels, saving, asset accumulation and financial inclusion. Similarly, qualitative methods involve semi-structured interviews with key stakeholders including micro-finance clients and related experts, as well as focus group discussions and in-depth case studies to delve into the nuanced experiences and perceptions of the micro-finance user groups.

This research is mainly based on Western hills of Nepal, selecting it purposively. Of the total total district of Western hills, four districts of Dhawalagiri region (Baglung, Parbat, Magdhi and Mustang) are selected as a sample on the basis of purposive sampling. Key informants are selected based on stratified random sampling representing, at least 50 respondents from each district. While selecting key informants, duplicated clients are taken as a sample categorizing from NGOs based and others of this area. For the study DLBS, CYCL and NESDO from NGOs based and Kalika, Ganpati and Infinity from others MFIs having head office in Gandaki Province of Nepal are selected purposively.

For the analysis of the data, thematic analysis for qualitative data and statistical software for quantitative data applied. Ethical considerations, has includina informed consent confidentiality has upheld throughout the study. Finally, the results of the study have synthesized to formulate policy recommendations and disseminated to stakeholders, thus contributing to an informed and holistic understanding of the socio-economic impact of micro-finance service user groups in the study area.

2.1 CONCEPTUAL FRAMEWORK

A conceptual framework is a structure that represents the key concepts, variables, and relationships within a specific area of study. In this study, it combines the key elements influencing the impact of microfinance services on user groups. It mainly three components: comprises microfinance services, user groups, and socio-economic impact. These services encompass different financial products (microloans, savinas, and insurance). Interest rates, repayment terms, and other additional support are considered in these services. Women, marginalized communities, and small entrepreneurs, based on demographic, economic, and social characteristics, are the user groups of microfinance services. This service is mainly focused on their specific needs and challenges faced.

Applying a mixed-method approach incorporating surveys, interviews, and focus group discussions, qualitative and quantitative data are gathered to assess the impact of microfinance on the economic and social spending patterns of user groups before and after involvement in the program. Social factors, economic factors, and contextual factors are also considered. Thus, the study aims to contribute to a nuanced understanding of the impacts of microfinance services on user groups.

Socio-economic indicators such as women empowerment, participation in activities, financial inclusion, social standing, health improvement, income increment, consumption, saving, spending, and business expansion are interrelated and play pivotal roles in shaping the outcomes of microfinance services.

3. RESULTS AND DISCUSSION 3.1 EXISTING SCENARIO OF MFIS IN WESTERN HILLS OF NEPAL

There are 77 districts in Nepal and all of them covered by the 63 MFIs. In Western region of Nepal, there are 16 districts. Gandaki is the province of Western region of Nepal. Within the Gandaki Province there are 11 districts, with 11 MFIs having their head office in the province. Across all MFIs, there are a total of 23,046 staff members. In Gandaki Province, there are 1,987 staff members working in the sample MFIs. Similarly, there are 464 branches, 41,206 service centers, 114,560 groups, 448,927 members and 21,451 borrowers. The study focuses on six prominent MFIs within various categories, representing both NGO-based (DLBS, CYCL and NESDO) and other types (Kalika, Ganapati and Infinity). Additionally, this study is mainly centralized on the efficacy of microfinance on economic and social spending patterns of user groups of this hills before and after involvement in the services.

Table 1: Existing scenario of MFIs in the sample areas

<u>ی</u>	ed	Sample MFIs of Gandaki Province NGOs based Others																	
Particulars	Total Consolidated Data of 63 MFIS	DLBS	%	CYCL	GOs t		<u> </u> %	Total	%	Kalika	%	pati	Othe		%	Total	——————————————————————————————————————	Sampled	%
Area Covered District	77	77	1	77	1	77	I	1	ı	77	1	77	ı	77	ı	ı	ı	ı	1
District Served	77	21	1	77	1	17	ı	ı	ı	36	1	23	ı	47	ı	ı	ı	ı	ı
Total No. of Staffs	2304	177	17.79	535	53.77	283	28.44	962	50.08	408	41.13	226	22.78	358	36.09	992	49.92	1987	8.62
Total Branches	5093	44	19.13	130	56.52	26	24.35	230	49.57	100	42.74	43	18.38	91	38.89	234	50.43	494	9.11
Total Service Center	44412	2994	16.34	9133	49.86	6,191	33.8	18318	44.45	7,734	33.79	3,469	15.16	11,685	51.05	22888	55.55	41206	9.28
Total Groups	13905 39	11,940	21.35	28,347	50.68	15,647	27.97	55934	48.83	37,071	63.23	9,870	16.84	11,685	19.93	58626	51.17	0 0 0 0 0 0	8.24
Total Members	5999313	35,625	15.63	114,472	50.24	77,769	34.13	227866	50.76	78,933	35.71	42,773	19.35	99,355	44.94	221061	49.24	448927	7.48
Male	1801	066	20.72	2,776	58.1	1,012	21.18	4778	44.25	2,325	38.63	0	0	3,694	61.37	6019	55.75	10/9	5.99
Female	581418	34,635	15.53	111,696	50.07	76,757	34.41	223088	57.48	26,608	16.12	42,773	25.92	95,661	57.96	165042	42.52	388130	89.9
Total Borrowers	3161616	16,243	14.52	54,688	48.9	40,908	36.58	111839	52.89	32,667	32.79	23,479	23.57	43,466	43.64	99612	47.11	211451	69.9
Male	97611	262	21.97	1,383	51.07	730	26.96	2708	58.81	1,380	72.75	0	0	517	27.25	1897	41.19	4605	4.72
Female	3064005	15,648	14.34	53,305	48.84	40,178	36.82	109131	52.76	31,287	32.02	23,479	24.03	42,949	43.95	97715	47.24	206846	6.75
Out of 11 c Provi		7	ı	11	1	6	1	1	1	6	ı	2	1	9	1	1	1	47	ı

Source: NRB Report, 2023 and Internal Documents of Sample MFIs, 2023.

Overall, the data overwhelmingly shows how MFIs have become a critical element in empowering rural communities within the Western hills of Gandaki Province. Their extensive reach, dedicated workforce and diverse services cater to the financial needs of various groups, fostering financial inclusion and economic development.

3.2 DEMOGRAPHIC INFORMATION OF THE STUDY AREA

Microfinance institutions provide financial services to the underserved and economically marginalized people for poverty alleviation and enhancement of social outstanding through women empowerment, better access to health and education, participation of women in decision making, conduction of skill development training and self-employment program, access to credit and saving facilities to income generating activities. This research is mainly based on these issues taking the sample of microfinance user groups of Western hills of Gandaki Province, Nepal. The overall demographic status of the study area is mentioned below.

Table 2: Demographic information of the sample area (N=250)

Factors	Demographic variables	Frequency	Percent		
Category	NGos based	128	51.2		
	Others	122	48.8		
Gender	Male	21	8.4		
	Female	199	79.6		
	No response	30	12.0		
Marital status	Unmarried	19	7.6		
	Married	178	71.2		
	Single	39	15.6		
	No response	14	5.6		
Age	Age 18-30 years	23	9.2		
	Age 31-40 years	92	36.8		
	Age 41-50 years	81	32.4		
	Age 51 and above years	44	17.6		
	No response	10	4.0		
Education	Never been to school	47	18.8		
	Primary school	96	38.4		
	Secondary school	78	31.2		
	Technical education	16	6.4		
	University education	6	2.4		
	No response	7	2.8		
Occupation	Students	4	1.6		
	Agriculture	127	50.8		
	Government job	24	9.6		
	Private job	51	20.4		
	Other	36	14.4		
	No response	8	3.2		

Source: Field Survey, 2023.

Table 5.2 presents the categorical data set of "NGOs based" and "others", gender, marital status, age, education and occupation of the study area. The category NGOs based has a frequency of 128 which

represents 51.2 percent of the total count. Similarly, the category "Others" has a frequency of 122 which accounts 48.8 percent of the total sample size 250. This analysis suggests that among the data set

of 250 total observations, NGOs based comprise the majority (51.2 percent), while the remaining 48.8 percent covers "Others" category.

Of the total, female respondents constitute the majority of 79.6 percent which is a significant portion of the sample size, while male respondents accounting for 8.4 percent. MFIs, by providing financial services, want to give women more power, serve rural area and provide loans to poor and marginalized people (Lamichhane, 2020; Serrano-Cinea & Gutierrez- -Nieto, 2014). Similarly, a group of 12 percent respondents of the total count found no response pertaining to the issues.

Table 5.2 also provides the data set of marital status of the respondents taken as a sample of the study area. Married member of microfinance user groups constitutes the most significant portion making up 72.1 percent of the respondents. Similarly, unmarried individuals represent the smaller portion at 7.6 percent. Single individuals account only 15.6 percent of the total count and a small group of individuals did not respond in the given issues. Similarly, it presents the data breakdown based on age groups of the sample area. The highest representation lies in the age group 31-40, constituting the largest segment at 36.8 percent, while age groups of 41-50 represents 32.4 percent of the total sample. Similarly, age group of 51 and above accounts 17.6 percent and the youngest age groups (18-30) is found smallest segment which covers only 9.2 percent of the respondents. Of the total, four percent of the groups did not respond to the survey question regarding this issue.

Regarding education level, of the total respondents, largest group of respondents attended the primary education which is covered 38.4 percent. Those who have attained secondary education, never been to school and technical education represent 31.2 percent, 18.8 percent and 6.4 percent respectively. Only six respondents attained university education which represents 2.4 percent of the total sample. A small portion (2.8)

percent) did not discloses their educational background.

Similarly, Table 5.2 also represents categorical background of the respondents based on different occupations of the study area. In the sample area agriculture is found the most prevalent occupation which constitutes the largest segment at 50.8 percent. The next significant category of occupation is private job which comprises 20.4 percent and followed by other jobs (14.4 percent) of the total sample. Similarly, government job constitutes 9.6 percent of the respondents. A small group of respondents (3.2 percent) taken as sample did not disclose their response regarding this issue.

3.3 MICROFINANCE SERVICES AND ITS IMPACT ON USER GROUPS

This studv delves into the multifaceted influence of microfinance on diverse user groups within Western hills of Gandaki province, Nepal. Beyond its role as catalyst, financial it examines microfinance's broader societal impact on empowerment and social progress. The investigation assesses this influence through various lenses, including loan repayment challenges, income spending changes across categories like consumption, health, education, business, festivals, and travel, as well as pre- and post-microfinance involvement savings and bank balances from the sample area of this region which are mentioned below.

3.4 ANALYSIS OF RESULTS ON THE BASIS OF PAIRED SAMPLE STATISTICS

Table 5.3 shows the impacts of microfinance on its user groups in Gandaki Province of Nepal. Regarding monthly income, the mean before and after involvement in microfinance groups is Rs. 28, 598. As indicated by the t- value of 16.741 and a p-value of .000 indicates that there is a significant different between the before and after income of microfinance user groups and found highly significant change. The correlation between income before and after is also found strong and robust relationship between the two

(r=0.871). In the study area, consumption spending before and after is found decreasing (Mean = Rs. -1323.200). As per the response of the respondents, it is due to awareness increase in and development training conducted by the microfinance institutions. As indicated by the t- value of -7.067 and a highly significant p-value of .000, there is substantial difference between the before and after spending. The value r =0.948 indicates high correlation and strong relationship. Similarly, there is found significant difference between the before and after spending on education (t = 15.549, p-value = .000, r =0.867). The mean spending on health before and after is found decreasing and a noticeable difference with a t- value of 15.549 and a highly significant p-value of .000. The value of r (0.141) indicates less consistent relationship. Of the variable taken into consideration, the mean spending on small business before and after (Rs.23, 214.8), tvalue (9.001) and p -value (.000) indicate strong and a highly significant difference. The value of r (.845) shows a robust relationship. No significant difference is found regarding spending on festivals before after involvement and microfinance user groups. The correlation between the festivals spending is found moderates. From the study it is also found that spending on travels and tours is decreasing and found significant difference. Saving and bank balance is found increasing and difference is significant with moderate relationship.

Table 3: Changing patterns on variables before and after involvement

Variables (V1-8)	Mean	Std. Deviation	Т	df	Sig. (2-tailed)	Correlation
variables (v1-o)	Medii	Sta. Deviation	ļ	uı	sig. (z-tuileu)	Correlation
Monthly income	28598.000	27009.358	16.741	249	.000	.871
Spending on						
consumption	(-1323.200)	2960.317	(-7.067)	249	.000	.948
Spending on						
education	1617.600	1644.856	15.549	249	.000	.867
Spending on						
health	(-3150.400	12555.772	(-3.967)	249	.000	.141
Spending on						
small business	23214.800	40778.745	9.001	249	.000	.845
Spending on	(-69.200)	1890.234	(579)	249	.563	.850
festivals						
Spending on	(-595.600)	1413.028	(-6.665)	249	.000	.855
travel and tours						
Saving and bank	3579.200	3051.033	18.549	249	.000	.537
balance						

Source: Result based on computed data/SPSS, 2023.

general, all the variables considered, such as income, consumption, education, health, small businesses, travel, festivals, and savings, show significant differences except for spending on festivals before and after participating microfinance. There is a strong correlation indicating consistent changes, except for health spending in the Western hills of Nepal. Dhungana (2018) concluded that the creation of micro businesses

enterprises by people significantly improved after participating in a microfinance program. Micro finance influences the business development and level of living of people (Alema, 2006). Similarly, Karki et al. concluded that microfinance program positively impacted on income level, poverty reduction, access to healthcare and education. Thus, this research also supports the conclusions drawn by these researchers.

Table 4: Independent Sample Test (N=250)

Variables	Category	Mean	Std. Deviation
Monthly income before involvement	NGOs based	14007.81	9342.559
_	Others	14786.89	19228.607
Monthly income after involvement	NGOs based	41421.88	23029.802
_	Others	44627.05	50741.060
Spending on consumption before	NGOs based	8062.50	6973.516
involvement	Others	7905.74	7538.423
Spending on consumption after	NGOs based	6708.59	4677.893
involvement	Others	6614.75	5331.098
Spending on education before	NGOs based	3957.03	2521.582
involvement	Others	4508.20	3322.216
Spending on education after	NGOs based	5479.69	2724.354
involvement	Others	6225.41	3776.757
Spending on health before	NGOs based	3174.22	1796.113
involvement	Others	5303.28	18004.769
Spending on health after involvement	NGOs based	1069.53	1095.845
	Others	1055.74	1015.015
Spending on Small business before	NGOs based	18490.63	30258.332
involvement	Others	17196.72	24707.258
Spending on small business after	NGOs based	46105.47	76199.119
involvement	Others	35795.08	39948.715
Spending on festival before	NGOs based	5226.56	3204.856
involvement	Others	5569.67	3919.814
Spending on festival after involvement	NGOs based	5152.34	3006.580
	Others	5505.74	3488.619
Spending on travel and tour before	NGOs based	4758.59	2740.324
involvement	Others	4549.18	2695.581
Spending on travel and tour after	NGOs based	4188.28	2233.306
involvement	Others	3927.05	2224.099
Saving and bank balance before	NGOs based	4385.16	2731.072
involvement	Others	4444.26	2996.059
Saving and bank balance after	NGOs based	7835.94	3144.242
involvement	Others	8158.20	3666.057

Source: Result based on computed data/SPSS, 2023.

Table 5.4 provided statistics compare various financial aspects between microfinance users involved with NGOs based and others MFIs. From the study it is found that after involvement, both groups experienced an increase in mean income. Spending found decreased for both groups except for spending on small businesses which increased notably. Mean of spending on small business is found higher in NGOs based MFIs compared to others. Regarding savings and bank balance, both groups found similar mean values before and after involvement, with others having slightly higher balances. Similarly, after involvement, standard deviations still remain higher for others group, indicating continued variability in their financial outcomes compared to the NGOs based MFIs. The high standard deviations and variability in some categories especially in 'others' imply diverse financial situations within these groups.

4. CONCLUSION

From the study, it is found that the majority of respondents were female, married, aged between 31-50 years with primary or secondary education, mainly engaged in agriculture and had more than

five years of experience with microfinance services. Most of the respondents have used a combination of microfinance services (loans, savings and insurance). Majority respondents found utilized microfinance for business expansion and followed by selfemployment generation. Regarding overall impact of microfinance services, most of the respondents perceived positive changes in their social standing, improved income, and enhanced employment opportunities. improved access to education and health, spending on small business. Mean spending on small business is found higher in NGOs based MFIs. But it is found decreased spending on consumption and travels and tours due to increase in awareness of users. Finally, notable changes were observed in various social and financial aspects of the study area.

microfinance Thus. services positively impacted on respondents' lives improving income, education, business and access to essential services. Financial status of respondents found improved and spending patterns found fluctuating in the study area. As per the respondents' answer, there is found notable concerns regarding high interest rates, challenges in loan repayment and minimal accumulation. It is, thus concluded that it contributed societal development, to women's empowerment, healthcare access and education improvement. This study suggests that regulation on interest rates to make it more accessible and sustainable. asset diversification apart from livestock to long-term financial stability, financial literacy programs for users to ensure better utilization of microfinance products and mitigate challenge in loan repayment are required to conduct. Similarly, social awareness programs about the benefits and potential risks related to microfinance service for better engagement is essential for the betterment of the program.

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I declare that this research work has been conducted ethically.

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