# Leveraging Information Technology to Localize Sustainable Development Goals in Higher Education: A Comparative Study Sushil Paudel, PhD<sup>1</sup>

<sup>1</sup>iDream Technologies Pvt. Ltd., Kathmandu, Nepal

## **Corresponding Author**

Sushil Paudel, PhD

Email: sushilpaudel@gmail.com

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#### **Abstract**

The incorporation of Sustainable Development Goals (SDGs) into higher education has become an essential approach to preparing young people to confront complex global issues. This research investigates the pivotal role of Information Technology (IT) in facilitating the localization of SDGs within universities, with an emphasis on empowering youth through innovative educational practices. By examining the case of the University of Hertfordshire in the United Kingdom—an institution noted for integrating Artificial Neural Networks into its environmental education programs—the study showcases how artificial intelligence-based learning methodologies can significantly enhance students' understanding of sustainability concepts. To provide a broader perspective, the study also draws on successful initiatives from Denmark and Finland, where advanced digital teaching strategies, inclusive access to educational resources, and well-structured curricula aligned with SDG 4 (Quality Education) have been implemented effectively. The results suggest that embedding IT within higher education not only improves student engagement and analytical skills but also cultivates a deeper awareness of environmental and social issues. Based on these findings, the study proposes a comprehensive framework for scaling IT-supported SDG education across college and universities in Nepal, aiming to create a more informed, responsible, and capable generation of global citizens.

**Keywords:** sustainable development goals (SDGs), higher education, information technology (IT), education for sustainable development, digital tools in education



# 1. Introduction

In the 21st century, the role of higher education has evolved beyond traditional teaching and research, embracing a transformative agenda that aligns with global imperatives such as the United Nations Sustainable Development Goals (SDGs). Among these, SDG 4 – Quality Education – emphasizes inclusive, equitable, and lifelong learning opportunities for all. However, achieving these goals requires more than policy alignment; it demands innovative strategies that effectively localize the SDGs within institutional contexts. One such strategy is the integration of Information Technology (IT) in higher education, a catalyst for enhancing educational quality, accessibility, and relevance in the digital age.

As youth represent the largest and most dynamic demographic segment globally, strengthening their capacity through technologically empowered education is essential for sustainable development. IT not only bridges the gap between theoretical knowledge and practical application but also facilitates global collaboration, real-time learning, and access to open educational resources. By embedding sustainability principles into digital learning environments, universities can cultivate a generation of socially responsible, environmentally conscious, and technologically adept graduates.

This research explores the intersection of SDGs, higher education, and IT by examining global best practices, with a focus on institutions that have successfully implemented IT-enabled strategies to localize SDGs and empower youth. Through case studies from leading countries such as the United Kingdom, Denmark, and Finland, the study highlights scalable models for transforming higher education into a driver of sustainable development.

## 1.1 Literature Review

The integration of Sustainable Development Goals (SDGs) into higher education has garnered significant academic interest, particularly in relation to how universities can act as drivers of sustainable societal transformation. According to Leal Filho et al. (2019), higher education institutions (HEIs) are uniquely positioned to influence societal norms and practices by embedding sustainability principles into curricula, research, and community engagement. The emphasis on SDG 4 – Quality Education, and its linkages with other goals such as SDG 13 (Climate Action), SDG 9 (Industry, Innovation and Infrastructure), and SDG 17 (Partnerships for the Goals), has prompted institutions to explore innovative educational methodologies, particularly those enabled by Information Technology (IT).

#### 1.1.1 The Role of Higher Education in Achieving SDGs

The role of higher education in achieving the SDGs is multidimensional. It extends beyond formal instruction to fostering critical thinking, innovation, civic responsibility, and leadership in students. Scholars like Tilbury (2011) and Sterling (2014) emphasize the importance of education for sustainable development (ESD), which encourages learners to think critically and systemically about sustainability issues. HEIs can serve as "living labs" for sustainable practices and policy experimentation, making them ideal environments for SDG localization.

However, critics such as Barth and Rieckmann (2012) argue that while awareness of sustainability is growing in academia, implementation remains fragmented. Many institutions

struggle with embedding SDG principles across disciplines, especially in a way that meaningfully impacts student learning and youth capacity development.

## 1.1.2 Localization of SDGs in Higher Education

Localizing the SDGs involves contextualizing global sustainability goals within the specific realities of local communities and educational institutions. According to UNESCO (2020), localization ensures that SDG implementation is responsive to cultural, economic, and environmental factors at the community level. In higher education, this means integrating localized sustainability challenges into curriculum design, research agendas, and community partnerships.

For instance, initiatives like the University of South Florida's campus-wide integration of SDGs (Lozano et al., 2015) illustrate how institutions can adapt global goals into specific, measurable, and actionable programs that address local sustainability concerns while enhancing student engagement. Localization also enhances students' sense of ownership and motivation, making them active contributors to sustainable development.

## 1.1.3 The Power of Information Technology in Education for Sustainability

Information Technology has emerged as a vital tool in supporting the goals of higher education sustainability. As per Wang et al. (2022), IT allows for the democratization of education through open-access platforms, virtual learning environments, and collaborative tools that transcend geographical boundaries. These digital tools are essential in enhancing youth participation, engagement, and learning outcomes related to the SDGs.

Numerous studies underscore the potential of digital platforms, artificial intelligence (AI), virtual reality (VR), and big data analytics to transform teaching and learning. For example, the University of Hertfordshire in the UK uses Artificial Neural Networks (ANN) to train agricultural students in sustainable water management—demonstrating a clear application of AI in education for sustainable development (QAA, 2023).

Furthermore, Massive Open Online Courses (MOOCs) from institutions like MIT, Harvard, and the SDG Academy have made sustainability education accessible globally. These platforms often include SDG-based content that targets youth and encourages interdisciplinary learning.

#### 1.1.4 Youth Empowerment Through Digital SDG Education

Youth empowerment is central to the SDG agenda. According to the United Nations Youth Strategy (2018), young people are not just beneficiaries of the SDGs but key agents of change. Educational institutions must therefore provide platforms that not only disseminate knowledge but also encourage youth-led innovation, research, and entrepreneurship. Digital tools—ranging from mobile applications and data visualization software to AI-powered mentoring platforms—play a critical role in nurturing these competencies.

Research by Azeiteiro et al. (2019) suggests that students who are exposed to IT-enabled ESD demonstrate higher levels of sustainability awareness, problem-solving ability, and collaborative skills. Moreover, initiatives such as the Global University Network for Innovation (GUNi) and the UNESCO Chairs in Education for Sustainable Development have been

instrumental in promoting digital collaboration among institutions, thus broadening the impact of localized SDG education.

# 1.1.5 Gaps in Literature

Despite growing interest, several challenges persist in the integration of IT with SDG education. First, there is a digital divide between developed and developing countries, which can exacerbate inequality in access to sustainability education. According to the International Telecommunication Union (ITU, 2021), limited internet access, lack of digital infrastructure, and insufficient training remain barriers to fully leveraging IT for SDG implementation in education.

Second, there is a lack of standardized frameworks for measuring the impact of ITenabled SDG programs in higher education. While various case studies highlight success stories, comprehensive longitudinal studies assessing student outcomes, institutional transformation, and societal impact are still scarce.

Finally, there is a growing need for cross-sector collaboration among governments, universities, tech companies, and civil society to ensure that IT solutions are inclusive, ethical, and aligned with sustainability values.

# 2. Research Methodology

This study adopts a qualitative case study approach to explore how higher education institutions utilize Information Technology (IT) to localize Sustainable Development Goals (SDGs), particularly SDG 4 (Quality Education), in order to strengthen youth capacity. The methodology is designed to allow for in-depth understanding of real-world practices, institutional strategies, and youth engagement in sustainability initiatives supported by digital tools.

#### 2.1 Research Design

A multiple case study design was employed, focusing on three higher education institutions across different countries:

## 1. Denmark – Aalborg University

Aalborg University in Denmark has been recognized for its commitment to SDG 4 (Quality Education) in the Times Higher Education Impact Rankings 2023. The university employs a problem-based learning model that integrates sustainability and digital tools, fostering critical thinking and practical skills among students.

#### 2. United Kingdom – University of Hertfordshire

The University of Hertfordshire has implemented Artificial Neural Networks (ANN) in higher education to empower agricultural students in water resource preservation. This approach underscores the viability of using AI to promote education for sustainable development and widen access to digital skills.

#### 3. Finland – University of Helsinki

The University of Helsinki advances SDG 4 by integrating sustainability into all degree programs, offering teacher education in sustainability, and expanding lifelong learning through micro-credentials and online training. It also collaborates globally, particularly with partners in the Global South, to enhance education quality and inclusivity.

These institutions were selected based on their high rankings in SDG 4 (Quality Education) within the Times Higher Education (THE) Impact Rankings, and their demonstrated use of IT in sustainability education.

## 2.2 Objectives

The researcher has chosen the following objectives for the study:

- To identify IT-based strategies used by universities to integrate SDGs into curriculum and campus operations.
- To examine the role of digital tools in building youth capacity for sustainable development.
- To explore institutional policies and support systems that facilitate SDG localization through technology.
- To assess the perceptions of students and faculty toward IT-enabled sustainability education.

#### 2.3 Data Collection Methods

Data was collected using the following methods:

- Literature Review
- Institutional reports, policy documents, curriculum outlines, and sustainability strategy plans were reviewed.
- Digital learning platforms and course syllabi related to sustainability and technology were analyzed.

#### 2.4 Data Analysis

A meta-analysis is a statistical method used in research to systematically combine and analyze data from multiple independent studies addressing a similar research question. Its primary goal is to increase statistical power and provide more robust, generalizable conclusions than any single study alone. Hence, transcripts were analyzed using thematic coding after categorizing the recurring themes. Five parameters were used during data collection and analysis as per table 1.

**Table 1:** Parameters used on meta-analysis

Criteria/Parameters		Hertfordshire	Aalborg (Denmark)	Helsinki (Finland)
		(UK)		
SDG	Curriculum	Strong (AI & ANN	Core to pedagogical	Integrated into
Integration		in courses)	model	virtual labs

IT Tools Used	LMS, AI, MOOCs,	Collaborative	VR, Sustainability
	Chatbots	platforms, AR	Simulations
Youth Capacity	Research,	PBL, student-led	Data-driven
Building	hackathons, AI labs	projects	sustainability hubs
Institutional SDG	Clear digital SDG	Nationally aligned	Partnership with
Policy	strategy	SDG plan	government
Digital Inclusion	Moderate access	High infrastructure &	Strong digital
	issues noted	access	equity policies

#### 3. Results

The analysis of data collected through document reviews and observations revealed several key insights into how higher education institutions are localizing SDGs using IT, and the extent to which these practices are strengthening youth capacity. The findings are presented across five major thematic areas:

## 3.1 Integration of SDGs into Curriculum Through Digital Platforms

All three case study institutions—University of Hertfordshire (UK), Aalborg University (Denmark), and University of Helsinki (Finland)—have effectively embedded SDG themes into their curricula using digital learning tools. Courses on climate action, responsible consumption, and digital innovation for sustainability were offered online through platforms such as Moodle, Blackboard, and Microsoft Teams.

- At the University of Hertfordshire, AI and ANN-based modules were used in agriculture and water resource management courses.
- Aalborg University employed problem-based learning (PBL) models with sustainability themes delivered through digital collaboration tools.
- University of Helsinki integrated SDG-focused simulations and virtual labs in environmental science programs.

This integration was found to increase student awareness and engagement, especially when course content was localized to regional challenges.

# 3.2 Enhancement of Youth Skills and Empowerment Through IT

The use of IT tools significantly contributed to strengthening youth capacity. Students reported gaining valuable digital competencies, collaborative problem-solving skills, and sustainability literacy through their participation in virtual classrooms, data visualization projects, and SDG hackathons.

## 3.3 Institutional Support and Policy Alignment

All three institutions demonstrated strong institutional support for SDG localization. This was evident in strategic documents, sustainability charters, and designated sustainability offices working in tandem with IT departments.

• The University of Hertfordshire had a dedicated sustainability and digital education unit.

- Aalborg University aligned its entire educational model with SDGs, supported by digital infrastructure and cross-disciplinary collaboration.
- University of Helsinki had formal partnerships with local government bodies to ensure SDG education was regionally relevant and technologically inclusive.

However, staff at all three universities noted that deeper integration of SDGs into all disciplines (beyond environmental sciences and engineering) remains a work in progress. Despite the successes, several challenges were identified on the integration of IT:

- Digital divide: While all institutions are in technologically advanced countries, some students reported limited access to devices or high-speed internet, especially during COVID-19 lockdowns.
- Faculty readiness: Some instructors lacked sufficient training in using digital tools for sustainability education, leading to inconsistent delivery.
- Assessment issues: Institutions struggled with developing robust evaluation frameworks to measure long-term impact of IT-enabled SDG learning on student behavior and civic engagement.

These challenges underscore the need for continuous investment in digital infrastructure and educator capacity-building.

# 3.4 Student Engagement in SDG Projects and Innovation

Students were actively involved in real-life sustainability projects enabled by digital platforms. Examples include:

- SDG hackathons, where students proposed tech-based solutions to local environmental problems.
- Capstone projects using Geographic Information Systems (GIS) and AI to model climate change scenarios.
- Peer-to-peer sustainability campaigns on social media using digital storytelling and data visualization.

Such activities contributed to a sense of ownership among students, positioning them as active agents of change rather than passive learners.

#### 4. Conclusion

This study explored the dynamic intersection of Sustainable Development Goals (SDGs), higher education, and Information Technology (IT), with a specific focus on strengthening youth capacity. Through case studies of three leading institutions, it became evident that higher education plays a critical role in localizing global sustainability goals and equipping young people with the skills and knowledge necessary for meaningful change.

The findings demonstrated that the integration of SDG-focused content into higher education curricula, supported by digital platforms and tools, significantly enhances student engagement, sustainability literacy, and problem-solving abilities. Technology serves not only as a medium

of instruction but also as a catalyst for collaboration, innovation, and the practical application of sustainability knowledge.

Institutional commitment emerged as a key enabler, with universities developing strategic policies, investing in digital infrastructure, and fostering cross-sector partnerships to support the localization of SDGs. However, the study also highlighted persistent challenges, including disparities in digital access, gaps in faculty training, and the need for robust impact measurement frameworks to assess long-term outcomes.

In conclusion, localizing SDGs through the strategic use of Information Technology in higher education offers a powerful pathway for empowering youth as sustainability leaders. For this potential to be fully realized, continuous institutional support, inclusive digital policies, and innovative pedagogy must be prioritized. As the global community races toward the 2030 Agenda, such efforts in higher education will be vital in creating resilient, informed, and action-oriented generations prepared to address the world's most pressing challenges.

#### 5. Discussion

In Nepal, integrating Information Technology into higher education for the localization of SDGs has the potential to significantly empower youth, foster innovation, and contribute to sustainable development. By investing in digital infrastructure, strengthening faculty training, enhancing cross-disciplinary learning, and fostering public-private partnerships, Nepal can build a more resilient, skilled, and engaged youth population ready to tackle the challenges of the SDGs. Hence, the best way to improve the quality education of the nation is to follow the problem-based learning adopted by the Aalborg University. Furthermore, with careful planning and investment, Nepal's higher education institutions can become leaders in sustainability education, making a meaningful contribution to global SDG targets while addressing local and national needs. Here are a few of the recommendations besides PBL model:

## 1. Strengthening Digital Infrastructure and Access in Higher Education

- o Invest in nationwide internet infrastructure: To ensure equitable access to IT tools in universities, the government and institutions should collaborate to improve internet connectivity, especially in rural and remote areas. Broadband and 4G/5G networks should be expanded to bridge the digital divide.
- Subsidized access to digital devices: Universities and the government could provide affordable or subsidized devices (e.g., laptops or tablets) for students, especially in public institutions, where many students come from lower-income backgrounds.

#### 2. Enhance Faculty Training and IT Pedagogy

- Faculty development programs: Higher education institutions in Nepal should establish training programs that focus on integrating IT into the curriculum, including using digital tools for teaching sustainability. These programs should be mandatory for faculty members and aim to build both technical and pedagogical skills.
- o Online training for educators: Partner with international platforms like Coursera, edX, or UNESCO to offer affordable online courses on sustainable

development and digital teaching strategies tailored for Nepalese higher education faculty.

#### 3. Promote the Integration of SDGs Across Disciplines

- Mainstream SDGs across faculties: While environmental science programs often focus on SDGs, it is essential to incorporate SDG themes into all university programs. For example, SDG-related content can be embedded into engineering, business, and social science courses through case studies, research projects, and digital simulations.
- Cross-disciplinary learning projects: Encourage collaborative SDG projects between departments using IT tools, such as virtual design labs, online brainstorming sessions, and digital solutions to address local sustainability challenges in Nepal.

# 4. Empower Students Through Digital Innovation Hubs and SDG Challenges

- Establish digital innovation hubs: Universities should create digital labs where students can explore and develop IT solutions for local sustainability issues, such as smart farming, clean energy, and waste management.
- Host SDG-based hackathons: Organize national or regional SDG-focused hackathons and competitions to encourage youth innovation. These events could focus on creating practical, tech-based solutions to address issues like poverty, water scarcity, and climate change.

#### 5. Foster Public-Private Partnerships to Advance IT and Sustainability Education

- Collaborate with tech companies: Higher education institutions should forge partnerships with local and international technology companies to provide students with access to the latest tools and software, such as GIS, data analytics, and AI, to solve sustainability problems.
- Government and private sector collaboration: Engage with both government bodies and private sector companies to jointly fund and implement SDG-related programs in universities. This partnership can also create internship opportunities for students to gain hands-on experience in sustainability and technology.

#### 6. Increase Government and Institutional Support for SDG Integration

- National SDG framework alignment: Align Nepal's higher education policies with national SDG strategies. The government should provide incentives for universities to localize and embed SDGs into their curricula and institutional strategies, ensuring a national, unified approach.
- o Financial support for SDG-focused research: Encourage research funding for projects that use IT to address Nepal's unique sustainability challenges, such as climate change adaptation, disaster management, and sustainable agriculture. This would also help strengthen the research capacity of universities in line with global SDG targets.

## 7. Promote Digital Literacy and Inclusion in Rural Areas

- Expand digital education in rural areas: Use online learning platforms and digital resources to bring SDG education to students in rural Nepal, where traditional infrastructure may be lacking. Initiatives could include partnerships with NGOs and local governments to offer community-based digital training for youth.
- Mobile learning initiatives: Leverage mobile technology to deliver SDG-related courses and resources to students in areas with limited access to computers or the internet. Many students in rural Nepal have mobile phones, which can be used to access e-learning platforms, courses, and educational content.

## 8. Monitor and Evaluate the Impact of SDG-IT Integration

- Create a national evaluation framework: Develop and implement a monitoring and evaluation framework to track the progress of SDG integration in higher education, particularly the use of IT tools. This framework should assess both educational outcomes (knowledge and skills) and behavioral outcomes (youth engagement in sustainability practices).
- o Involve youth in assessments: Encourage student-led assessments and feedback mechanisms to evaluate how IT tools are enhancing their understanding and engagement with SDGs. This participatory approach will also empower students to take ownership of their learning.

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